



2018 Mill City Triathlon

Print - Write - Mail | Registration Form

To register online go to: MillCityTriathlon.com/register



The Mill City Triathlon, which takes place along the Merrimack River in Lowell MA, will be celebrating its 14th year in 2018. We had a great event last year and expect 2018 to be even better! REGISTER NOW!

Select an Event

SPRINT	<input type="checkbox"/> Triathlon	\$89	<input type="checkbox"/> Aquabike	\$79	<input type="checkbox"/> 3-Person Relay	\$129
	<input type="checkbox"/> Triathlon	\$99	<input type="checkbox"/> Aquabike	\$89	<input type="checkbox"/> 3-Person Relay	\$149

Sprint Distances: 0.25 mile swim - 11 mile bike - 3.1 mile run. Olympic Distances: 0.9 mile swim - 22 mile bike - 6.2 mile run. Aquabike is swim and bike stages only, no run. 3-Person Relay entrants must submit three separate registration forms for all three team members together.

Entrant Information

First Name:		Address:	
Last Name:			
Email:		City:	
Phone:	Age:	State:	Zip:

T-Shirt Style and Size

Select both a style and size.

<input type="checkbox"/> Men's T-Shirt	<input type="checkbox"/> Woman's T-Shirt	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> X-Large	<input type="checkbox"/> XX-Large
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NOTE: Due to having to order t-shirts in advance, sizes and quantities may be limited and available on a first-come basis.

USAT Membership

If "NO" you must add \$15 to your total registration amount.

This is a USAT sanctioned event so you must be a member to enter. If you're already a member please select "Yes" and enter your membership number. If you are not a member please select "No" and purchase a USAT 1-day membership for \$15.



Are you a USAT member? NO YES Membership Number:

Mill City Triathlon and USA Triathlon Waiver

Yes, I agree to the Mill City Triathlon and USA Triathlon Agreement. You must also read, sign and date the Acknowledgement, Waiver and Release from Liability document included on the following pages and return it with your signed registration form and full payment.

Print Name: _____ Signature: _____ Date: _____

Write Check & Mail To:

View The Race

C/O Dave Hardy
76 Smith St
Chelmsford, MA
01824

Acknowledgement, Waiver and Release from Liability

Mill City Triathlon and USA Triathlon Waiver

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT IN CONSIDERATION of USA Triathlon ("USAT") allowing me to participate in any USAT sanctioned event (the "Event" or "Events") as either a member of USAT or through the issuance of a single event license or permit; I, for myself, and on behalf of my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby represent that (i) I am in good health and in proper physical condition to participate in the Event; and (ii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event.

2. I understand and acknowledge the physical and mental rigors associated with triathlon, duathlon, or other multi-sport events, and realize that running, bicycling, swimming and other portions of such Events are inherently dangerous and represent an extreme test of a person's physical and mental limits. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, permanent disability, paralysis and death; loss or damage to property; exposure to extreme conditions and circumstances; accidents, illness, contact or collision with other participants, spectators, vehicles or other natural or man made objects; dangers arising from adverse weather conditions; imperfect course conditions; water, road and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined harm or damage which may not be readily foreseeable, and other presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the acts, inaction or negligence of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in the Event.

3. I agree to be familiar with and abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USAT and the Guide to Prohibited Substances and Prohibited Methods of Doping adopted by the United States Anti-Doping Agency. I also accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USAT, the Event Organizers and Promoters, Race Directors, Sponsors, Advertisers, Host Cities, Local Organizing Committees, Venues and Property Owners upon which the Event takes place, Law Enforcement Agencies and other Public Entities providing support for the Event, and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and Collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("Liability") which may arise out of, result from, or relate to my participation in the Event, including claims for Liability caused in whole or in part by the negligence of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liability which any may be incurred as the result of such claim. I hereby warrant that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the minor, my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement freely and

voluntarily, without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

RACE WAIVER: I know that participating in a race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this race, including, but not limited to, falls, contact with other participants, contact with motor vehicles, the effects of the weather including high heat and humidity, traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless View The Race Inc., Mill City Triathlon, David Hardy, the race organizer, City of Lowell, Town of Tyngsboro, Massachusetts Department of Conservation and Recreation, Hamel Brothers, Heritage Farm Ice Cream and Restaurant, all other sponsors, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race.

PRINT NAME: _____ SIGNATURE: _____ DATE: _____

PERSON UNDER 18 YEARS OF AGE, A PARENT OR LEGAL GUARDIAN MUST THE SIGN THE ABOVE AWRL AND COMPLETE THE FOLLOWING SECTION.

(AWRL stands for Acknowledgement, Waiver and Release from Liability)

The undersigned _____ (parent/guardian) the parent and natural guardian of _____ (minor's name) hereby acknowledges that he/she has executed the forgoing AWRL for and behalf of the minor named herein. As the natural or legal guardian of such a minor I hereby bind myself, the minor and our executors ADMINISTRATORS, heirs, next of kin, successors, and assigns to the terms of the foregoing AWRL. I represent that I have the legal capacity and authority to act for and on behalf of the minor named herein, and I agree to indemnify and hold harmless the persons or entities mentioned in the foregoing AWRL for any made or liabilities assessed against them as a result of any insufficiency of my legal capacity or authority to act for and on behalf of the minor in the execution of the the foregoing AWRL or in the execution of this consent.

I hereby authorize any licensed physician, emergency medical technician, hospital or other medical or health care facility ('Medical Provider') to treat the minor named herein for the purpose of attempting to treat or relieve any injuries received by said minor arising out of or relating to any events sanctioned USA Triathlon. I authorize any such Medical Provider to perform all procedures deemed medically advisable in attempting to treat or relieve such injuries and any related conditions of said minor that may be encountered during the course of attempting to treat or relieve such injuries. I consent to the administration of anesthesia as deemed advisable during the course of such treatment. I realize and appreciate that there is a possibility of complications and unforeseen consequences in any medical treatment, and I assume any such risk for and on behalf of myself and said minor. I acknowledge that no warranty is being made as to the result of any medical treatment. NOTE: Parent/Guardian must also sign AWRL above.

PARENT/GUARDIAN RELATIONSHIP TO MINOR _____ SIGNATURE _____ DATE _____